

Committed.  
Innovative.  
Leaders.

*tfi*

*tfi*

THE FAMILY INSTITUTE  
at Northwestern University

2010

*The mission of The Family Institute  
at Northwestern University is to  
strengthen and heal families from  
all walks of life through clinical  
service, education and research.*

*tfi*

*Greetings.* The Family Institute at Northwestern University faced two challenging years after the economic setback of 2008. During those two years, we managed to do more than hang on and get by. We actually grew. But in Fiscal Year 2010, we thrived, exceeding our expectations in all areas: clinical service, education and research.

In FY10, our clinical services increased 11 percent. To meet this increased demand for therapy, we expanded our downtown location from one to two full floors, allowing us to help more individuals, couples and families.

Both of our education programs — Master of Science in Marriage and Family Therapy and Master of Arts in Counseling Psychology — successfully recruited full classes. Through our scholarship program, in collaboration with The Graduate School at Northwestern University and the generosity of a family foundation, we offered financial aid to students.

Research remains central to the Institute. Its integration into our clinical service and education programs makes us innovative leaders, focused on the future of therapy. We have seen enormous strides in our Psychotherapy Change Project. The STIC® (Systemic Therapy Inventory of Change), a client self-report questionnaire, helps us to learn how people change over the course of therapy. Using the STIC® in collaboration with a consortium of mental hospitals and treatment centers in Norway has shown us just how valuable a treatment tool it is — not only for therapists but for their clients as well. FY 2011 promises additional growth of the Psychotherapy Change Project through the creation of a Chicago-based consortium and increased international demand for the STIC®.

We spent 2010 focusing not only on our programs but on the Institute as a whole. Thanks to a generous grant from The Taproot Foundation, we now have a strong visual identity as the go-to place for high quality mental health care. We learned that the Institute’s brand promise is “Leading the way in family therapy”, and that we are committed, innovative and leaders.

In FY11, we see an even greater emphasis on change and transformation in the people we help, the students we train and ultimately in ourselves as continue to lead the way forward.

We look ahead with excitement, optimism and confidence. Thank you for your interest and support.



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## NORTHWESTERN UNIVERSITY AFFILIATION

Through a unique affiliation, The Family Institute is integrally linked with one of the nation's most prestigious institutions of higher learning, Northwestern University. This relationship permits The Family Institute to remain an independent, not-for-profit organization – with its own governance, programmatic and funding autonomy – while benefitting from the academic richness of a major research university. Under the partnership, The Family Institute operates the University's Center for Applied Psychological and Family Studies in cooperation with Northwestern's Graduate School and Office of Research. Graduate education and research activities at the Institute are conducted under the auspices of the Center. The affiliation also provides faculty appointments through Northwestern's Department of Psychology for Family Institute staff members who teach in the two graduate programs.

## WHAT WE OFFER

The Family Institute at Northwestern University is deeply committed to our mission of strengthening and healing families from *all* walks of life. We are leading the way in family therapy while setting the standard for innovative research, teaching and care in the field.

### DIRECT MENTAL HEALTH SERVICES

- Nationally-renowned Staff Practice
- Committed to ensuring everyone has access to our knowledge and care, regardless of ability to pay through our sliding-fee scale

### GRADUATE EDUCATION WITH NORTHWESTERN UNIVERSITY

- Committed to educating and training the next generation of mental health practitioners through our two education programs:
  - Master of Arts in Counseling Psychology
  - Master of Science in Marriage and Family Therapy

### CLINICAL RESEARCH

- Conduct cutting-edge, innovative research projects to help discover how people change in therapy and what therapists do to facilitate that change

### POSTGRADUATE FELLOWSHIPS

- Conducted through clinical and research fellowships for mental health professionals who have completed Master's or Doctoral degrees

### DOCTORAL-LEAD STUDENTS & PSYCHIATRY RESIDENTS CLINICAL TRAINING

- Training site for clinical psychology doctoral students studying at Northwestern University's Department of Psychology and for psychiatry residents enrolled in Northwestern University's Feinberg School of Medicine

### CONTINUING EDUCATION FOR MENTAL HEALTH PROFESSIONALS

- Offer continuing professional education annually through workshops, seminars, conferences and clinical consultation

## The Family Institute: A Mental Health Leader and Innovator

Since its founding in 1968, The Family Institute has been a pioneer in developing programs and services that embody its mission: To strengthen and heal families from all walks of life through clinical service, education and research.



## WHAT WE BELIEVE

Our core values guide us as we extend our capacity to help greater numbers of people and an enormous diversity of families.

- The family is the singular most significant factor influencing human identity.
- Family-based therapy is a powerful model for change, one that not only helps people cope with major life issues, but that can ultimately transform how we lead our lives, resulting in healthier communities and societies.
- Quality mental health care should be available to all who need it, regardless of their financial resources.
- The definition of “family” takes many forms, and is not limited by the boundaries of biology and marriage.

## WHO WE ARE

*Conducted over*

# 56,000

*sessions*

*More than*

# 15,000

*hours of therapy through  
our Bette D. Harris Family  
and Child Clinic*

# 4

*primary sites*

# 23

*people in administration*

# 4

*people in institutional  
advancement*

# 47

*staff practice clinicians*

# 32

*affiliate clinicians*

# 3

*psychiatrists*

# 6

*fellows*

# 562

*donors*

# 133

*new donors*

## CLASS OF 2010

# 48

*graduates*

# 26

*in Master of Arts in  
Counseling Psychology*

# 22

*in Master of Science in  
Marriage and Family Therapy*

## CIRCLE OF KNOWLEDGE EVENTS

# 520

*attendees*

# 197

*new attendees*

# The Family Institute at Northwestern University

## Financial Statements for Fiscal Years 2010 & 2009

The Family Institute is audited annually by an independent certified public accounting firm.  
A copy of the audited financial statements is available upon request.

### Statement of Financial Position as of August 31

#### ASSETS

Cash and Cash Equivalents	\$	268,000	\$	193,051
Accounts Receivable and Prepaid Expenses		302,522		335,316
Investments (at market)		7,867,841		7,314,665
Other Assets		0		16,119
Pledges Receivable		1,069,805		878,233
Property and Equipment, Net		3,483,119		3,566,523
<b>Total Assets</b>	<b>\$</b>	<b>12,991,287</b>	<b>\$</b>	<b>12,303,907</b>

#### LIABILITIES AND NET ASSETS

##### Liabilities

Current Liabilities	\$	622,500	\$	730,912
<b>Total Liabilities</b>	<b>\$</b>	<b>730,912</b>	<b>\$</b>	<b>730,912</b>

##### Net Assets

Unrestricted		3,906,281		3,843,233
Temporarily Restricted		1,363,752		653,923
Permanently Restricted		7,098,754		7,075,839
<b>Total Net Assets</b>		<b>12,368,787</b>		<b>11,572,995</b>
<b>Total Liabilities and Net Assets</b>	<b>\$</b>	<b>13,099,699</b>	<b>\$</b>	<b>12,303,907</b>

### Statement of Activities for the Years Ended August 31

#### SUPPORT AND REVENUES

Contributions and Grants	\$	1,374,915	\$	946,067
Program Services		8,258,826		7,627,679
Investment Income		355,084		302,488
<b>Total Support and Revenues</b>	<b>\$</b>	<b>9,988,825</b>	<b>\$</b>	<b>8,876,234</b>

#### EXPENSES

##### Program

Education		2,560,106		2,130,653
Clinical Services		5,138,160		4,968,391
Research		549,948		668,050
<b>Total Program Expenses</b>	<b>\$</b>	<b>8,248,214</b>	<b>\$</b>	<b>7,767,094</b>

##### Supporting Services

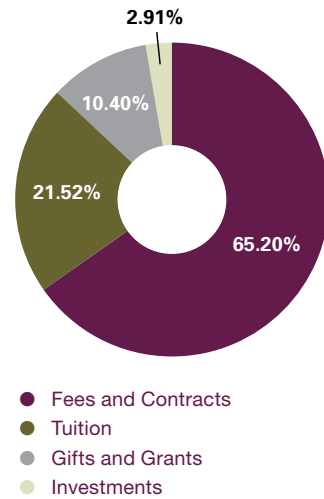
Management and General		650,083		531,630
Fundraising and Public Relations		562,280		607,786
<b>Total Supporting Services Expenses</b>	<b>\$</b>	<b>1,212,363</b>	<b>\$</b>	<b>1,139,416</b>
<b>Total Expenses</b>	<b>\$</b>	<b>9,460,577</b>	<b>\$</b>	<b>8,906,510</b>

Increase (Decrease) Before Nonbudgetary Items		528,248		(30,276)
Unrealized Gain (Loss)		267,544		(1,590,390)
Increase (Decrease) in Net Assets		795,792		(1,620,666)
Net Assets at Beginning of Year		11,572,995		13,193,661
<b>Net Assets at End of Year</b>	<b>\$</b>	<b>12,368,787</b>	<b>\$</b>	<b>11,572,995</b>

**Operating Revenue by Source (Cash Basis) Fiscal Year 2010**

Fees and Contracts	\$6,209,435	65.20%
Tuition	2,049,391	21.52%
Gifts and Grants	987,550	10.40%
Investments	277,249	2.91%
<b>Total</b>	<b>\$9,523,625</b>	<b>100.00%</b>

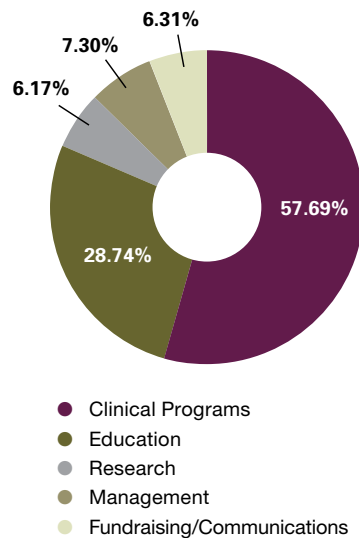
**Operating Revenue by Source (Cash Basis)**



**Operating Expense by Use Fiscal Year 2010**

Clinical Programs	\$5,138,160	57.69%
Education	2,560,106	28.74%
Research	549,948	6.17%
Management	650,083	7.30%
Fundraising/Communications	562,280	6.31%
<b>Total</b>	<b>\$8,906,510</b>	<b>100.00%</b>

**Operating Expense by Use**





## CIRCLE OF SUPPORT

*We are extremely grateful to the many individuals, families, foundations, corporations and organizations who so generously supported a specific program, research or the general operating fund. The following is a list of those who made gifts to The Family Institute between September 1, 2009 and August 31, 2010.*

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*The Family Institute is grateful to the following donors who made a Leadership gift with a multi-year pledge between September 1, 2009 and August 31, 2010.*

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\$50,000 in support of the General Operating Fund

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For information on the President's Circle, please contact Suzanne Puntillo at 312-609-5300, ext. 484 or [spuntillo@family-institute.org](mailto:spuntillo@family-institute.org).

*\* We are pleased to recognize those donors who are alumni of our various programs. These individuals have graduated or have a certificate from one of The Family Institute's professional training/education programs, including those conducted at The Family Institute of Chicago, the Center for Family Studies (Northwestern Memorial Hospital), School of Education & Social Policy's Counseling Psychology PhD or MA programs (Northwestern University), and the Center for Applied Psychological and Family Studies (Northwestern University).*

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## CLINICAL SERVICE

### *Leaders ... in the field of therapy*

The Bette D. Harris Family and Child Clinic continued to experience strong demand from clients for services and from students across the country for training. In FY10, the Clinic and Community Programs provided over 15,000 hours of service.

The Institute expanded the 10th floor of its Michigan Avenue location with 12 new offices, allowing us to help more individuals, couples and families.

### **STAFF PRACTICE**

The 44 clinical staff members who participated in the Staff Practice this year produced over 30,000 hours of service.

### **AFFILIATES**

Our 32 affiliate therapists have been successful in increasing the clinical capacity of the Institute. They produced over 9,000 hours of service in FY10.

### **POSTGRADUATE FELLOWSHIP**

Continued strong interest in the Institute's highly competitive Postgraduate Fellowship Program resulted in 31 outstanding applicants for the three open positions in FY10. Two of the graduating fellows were hired as

staff members for FY11. Since 2002, 65% of the Fellows have been hired by the Institute, providing well trained, energetic staff in areas of need at the Institute.

### **NICHE PROGRAMS ASSESSMENT**

Assessment introduced a collaborative model of assessing clients, consistent with the systemic model of treatment developed and used at the Institute. Time is initially spent helping the client clarify the questions they hope to have answered. The final report repeats these and provides findings to answer the questions in a readable form.

### **MINDFULNESS AND BEHAVIOR THERAPIES (MBT)**

Completing its third year of operation, MBT specializes in the use of Dialectical Behavior Therapy (DBT) with clients who have emotional dysregulation issues. The MBT team expanded to 14 therapists in FY10.

### **GROUP THERAPY PROGRAM**

The goal of The Family Institute Group Therapy Program is to build and maintain a slate of group therapy options for clients and to provide group therapy training for clinicians. We offered 16 groups in Evanston, Northbrook and Millennium Park for adults, children, teens, men and women.

## RESEARCH

### *Innovative ... research and projects*

In FY10, the Research Department continued its work executing four major research programs: the Psychotherapy Change Project (William Pinsof, Principal Investigator), Enhancing Treatment for Generalized Anxiety Disorder (Richard Zinbarg, Principal Investigator), Family Environment, Child Temperament, and Risk for Depression (Emily Durbin, Principal Investigator), and Interpersonal Context of Depression and Anxiety in Couples (Lynne Knobloch-Fedders, Principal Investigator). All four major projects continued collecting new data, analyzing study results, publishing their work in major research journals, and presenting their work to other scholars at national and international conferences.

The Research Department was also active training the new generation of scholars at the undergraduate, graduate and postgraduate level. In addition to the 10 undergraduates who participated in the summer research internship for advanced undergraduates, the research faculty mentored 68 undergraduate and 13 graduate student research assistants in their work on the four major projects.

The Research Department also contributed to the overall work of the Institute. Twenty-four patients have been served directly in research projects. Twenty-three diagnostic assessments were conducted by the Research Department faculty and students for Clinic patients at no cost. Among staff, supervisors, and students, there are 71 clinicians who are actively using the STIC® in their psychotherapy. The research team produced 58 publications this year including books, journal articles, and book chapters.

## EDUCATION

### *Committed ... to training the future of therapy*

Commencement was held for the Class of 2010 on June 19 at the Alice Millar Chapel. Twenty-six Counseling Psychology students and 22 Marriage and Family Therapy students graduated.

Dan McAdams, PhD, was the keynote speaker. He gave an inspiring commencement address about the importance of personal narratives in giving meaning to our lives, and how therapy can be seen as a series of conversations designed to help people change their personal narrative in such a way to add that meaning.

### **MASTER OF SCIENCE IN MARRIAGE AND FAMILY THERAPY (MFT)**

The MFT program completed its first full year under the leadership of Doug Breunlin, MSSA, LCSW, LMFT. Accomplishments of FY10 include a complete rewrite of the program's web pages on both The Graduate School and Family Institute web sites, creation of a new brochure and a major revision of supervision practices for first-year students, emphasizing live supervision and work with relational cases.

Over the past year, the program has sharpened and clarified its commitment to producing therapists who practice from a science-practitioner model. The Family Institute Perspective continues to be repackaged. The task force charged with this effort has published two articles and a third major article is being circulated. Finally, the STIC® remains a cornerstone of the science-practitioner model as it provides the tool for the students to do "progress research" on their clinical work.

### **CLASS OF 2010**

The MFT program graduated 22 students in June 2010. Four of these students went on to doctorate programs; one entered the FI fellowship program and 17 sought employment.

### **ADMISSIONS**

Twenty-three students matriculated to comprise the Class of 2012. There are 21 females and two males. Of these, five are African American and two are Latino. The mean GRE score was 1002 and average GPA is 3.48. Eighteen of the students received undergraduate degrees from universities outside of Illinois. The average age is 28.

### **MASTER OF ARTS IN COUNSELING PSYCHOLOGY (CPSY)**

A national search was completed for a new Director of the Counseling Psychology Program. This resulted in the selection of Dr. Fran Giordano, the President of the Illinois Counseling Association and member of the Illinois Counselor's Licensing Board.

The CPSY program applied for and received two grants this year. Three thousand dollars was awarded from the Northwestern University Alumni Association and used for "Lunch and Learn" events, which entail inviting experts to present each quarter on a topic of clinical importance, accompanied by lunch for students who are between classes. Two thousand dollars was awarded from The Graduate School's Professional Development Grant to fund the Counseling Psychology Careers Night which serves as a program educational event and networking opportunity for CPSY students as well as a recruitment tool for prospective students.

### **CLASS OF 2010**

Twenty-six CPSY students graduated in June 2010.

### **ADMISSIONS**

Twenty-six students matriculated to comprise the Class of 2012. There are 24 females and two males. Of these, seven are of African American, Hispanic, Hispanic-American and Asian descent. The mean GRE Score was 1181. More than 73% attended out-of-state schools and 27% attended college or university in Illinois. The age range was 21 to 38 years.

### **CLINICAL PSYCHOLOGY PRACTICA**

Coordination of training with Northwestern University's Department of Psychology continued to develop with a goal that trainees receive the highest quality of clinical training while adhering to Family Institute policies and procedures. Nine doctoral students have filled 16 slots in five distinct practica to make for a rich training experience.

### **NORTHWESTERN UNIVERSITY MEDICAL SCHOOL PSYCHIATRY TRAINING PROGRAM**

In the fifth year of this collaboration, eight psychiatry residents in two rotations of four work with couples and families in the Millennium Park office to develop some understanding of and intervention skills with family systems. To make the best use of the limited availability of these physicians, a live supervision model is used to quickly guide the development of systems thinking in clinical work.

## COMMUNITY PROGRAMS

Over the past 20 years, the Institute has provided services to under-served, under-resourced communities in Evanston and Chicago through our Community and Outreach Services Program. This program placed clinical staff and graduate students in public schools and other community sites where they provided individual, group and family therapy to students and their families, and consultation to school or agency staff. The program received significant financial support from a number of local foundations. Over the last several years, that support has eroded as competition for funding became more intense, and the criteria for funding emphasized total units of service over quality issues. After considerable debate, we made the decision to reduce our community services from a full program to a specialized training opportunity within the education programs.

## BRANDING WITH TAPROOT

Public Affairs focused on branding and identity in FY10, taking a closer look at “who we are and what we do,” and what distinguishes the Institute from other organizations. Through a generous grant from the Taproot Foundation, the Institute spent nine months working on shaping a compelling visual identity, including a new logo. The process helped refine the Institute’s brand and identity standards, which also included key messaging and how to present ourselves to the community at large. The Taproot team concluded the Institute’s strength is centered on “shaping the future of family therapy.” We distinguish ourselves as “innovative, committed, leaders.” Through the consultation process, the Taproot team learned that our consumers want to entrust themselves with the very best. As such, the Institute will continue to lead the way in family therapy, striving to be innovative, committed and leaders, all reflected in our new logo. We launched the new logo in July.

## ONLINE INITIATIVES

Public Affairs began two new online initiatives in FY10 in collaboration with Clinical Marketing:

**Tip of the Month.** These brief, research-based reports address couple and family topics which are relevant and current. Tips highlight how to promote strong couples and healthy families.

**Kaleidoscope.** Kaleidoscope offers LGBT parents information and suggestions to support raising resilient, accepting and self-affirming children.



## ALUMNI

The Alumni Association serves all alumni who have graduated from or have a certificate from The Family Institute’s professional training/education programs, including those conducted at The Family Institute of Chicago, the Center for Family Studies (Northwestern Memorial Hospital), School of Education & Social Policy’s Counseling Psychology PhD or MA programs (Northwestern University), and the Center for Applied Psychological and Family Studies (Northwestern University).

The Alumni Association strives to foster lifelong relationships between The Family Institute and its alumni. The Association promotes a spirit of loyalty and fraternity among graduates, students and friends, while encouraging alumni to maintain involvement in activities of the Institute and to support the Institute’s work through financial and volunteer contributions.

The Alumni Association is a resource for current students, alumni and the Institute itself.

### SERVICE TO THE ALUMNI

The Alumni Association provides professional development, networking and social events, and advocacy for The Family Institute’s alumni base.

In June, the Alumni Association held a five-year reunion for the Class of 2005. This was a first-time event and a wonderful opportunity for classmates to re-connect and learn about new developments at the Institute since their graduation. The Alumni Association plans to make this an annual event at the Institute, incorporating various graduation years.

In August, the Alumni Association held a first-time event for new graduates called “Connect/Re-Connect: Class of 2010” at the Institute. Alumni from previous years were in attendance to speak about their school-to-career experiences. The new graduates networked with alumni and each other to learn about job opportunities and received advice for their job search and obtaining a license. This will be an annual event to help new graduates with the transition from school to career.





**SERVICE TO THE STUDENTS**

The Alumni Association connects with The Family Institute’s graduate programs by providing mentoring, advocacy and promoting continued involvement with the Institute and the Alumni Association.

The Alumni Association has continued serving as ambassadors for The Family Institute this year to strengthen the connection between alumni and the Institute. Alumni have supported the Institute by attending and introducing new people to Circle of Knowledge events and Family Institute professional education events. The Alumni Association also is committed to raising funds for scholarship support.

Career Guidance Night for Marriage and Family Therapy students was held in March. Alumni panelists shared their professional experiences and answered students’ questions about their various career paths.



**SERVICE TO THE FAMILY INSTITUTE**

The Alumni Association supports the mission and activities of the Institute and fosters a culture of financial support among the alumni.

The Alumni Association extended its reach as ambassadors for The Family Institute this year. The Public Affairs committee of the Alumni Advisory Board organized contact lists to help get the word out about various news and events, helping to strengthen the connection between The Family Institute and its alumni.



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Thank you to all our friends and supporters who are part of our ever-expanding Circle of Knowledge and who attended Family Institute events this year.

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| <i>Ashley McCall</i>             | <i>Laura Pinsof</i>                | <i>Helen and Tom Shworles</i>   | <i>Laura Werner</i>               |
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| <i>Joan Criswell Merrilees</i>   | <i>Stacy Pritsker</i>              | <i>Dianne Stanley</i>           | <i>Steve Wood and</i>             |
| <i>and Robert Merrilees</i>      | <i>Rita Quinn Dominguez</i>        | <i>Daniela Stone</i>            | <i>John Kennedy</i>               |
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| <i>Rania Miller</i>              | <i>Kim Ribordy</i>                 | <i>Sara Stone</i>               | <i>Deborah Zimmer</i>             |
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| <i>Mary Mollman</i>              | <i>Richardson</i>                  | <i>John Supera</i>              |                                   |



# Selected Presentations, Publications and Media Mentions\*

## SELECTED PRESENTATIONS

Durbin, C. E. (2009, September). Laboratory measures of emotional reactivity to context: Differential associations with risk for mood, anxiety, and substance use disorders in young children. Paper presented at the 23rd Annual Meeting of the Society for Research in Psychopathology. Minneapolis, MN.

Knobloch-Fedders, L. M. & Zinbarg, R. (2010, June). *Dyadic predictors of outcome in individual therapy for GAD*. Society for Psychotherapy Research Conference, Aliso Viejo, CA.

Knobloch-Fedders, L. M. (2010, May). *Comparing interpersonal behavior of couples with and without depression*. Midwestern Psychological Association Conference, Chicago, IL.

Lebow J. L. (2010, August). The next step for the practice of psychotherapy. In symposium: Unified psychotherapy project. Annual meeting of the American Psychological Association, San Diego, CA.

Lebow J. L. (2009, November). Common factors in couple therapy. In symposium: Universal processes in couple therapy. Annual meeting of the Association for Behavioral and Cognitive Therapy. New York, NY.

Pinsof, W. M. (2009, April). Boys to Men/Girls to Women: New Paths and Old Ruts on the Road to Becoming an Adult. Circle of Knowledge, Glenview, IL and Chicago, IL.

Pinsof, W. M. (2010, August). Psychotherapy change project: Client system assessment, change, and therapist behavior. Panelist: Symposium on Masters in Family Psychology. APA Annual Meeting, San Diego, CA.

Rampage, C. (2009, October). Love in the Time of BlackBerry: Reflections on Intimacy and Technology. Circle of Knowledge, Winnetka, IL and Chicago, IL.

Stroud, C. B., Davila, J., Hammen, C. & Vrsheck-Schallhorn, S. (2010, May). Severe and nonsevere events in first onsets and recurrences of depression: Evidence for stress sensitization. Chair, Oral symposium presented at the annual convention of the Association for Psychological Science, Boston, MA.

## SELECTED PUBLICATIONS

Knobloch, L. K. & Knobloch-Fedders, L. M. (2010). The role of relational uncertainty in depressive symptoms and relationship quality: An actor-partner interdependence model. *Journal of Social and Personal Relationships*, 27, 137-159.

Lebow, J. L. & Black, D. A. (2010). Couples therapy. In Irving Weiner and Edward Craighead (Eds.), *Corsini's Encyclopedia of Psychology (4th ed.)*. New York: Wiley.

Lebow, J. L. & Uliaszek, A. A. (2010). Family therapy for personality disorder: An evidence based approach. In J. Magnavita, *Evidence based treatments for personality disorder* (pp. 193-222), Washington, D.C., APA Books.

Pinsof, W. M., Breunlin, D., Russell, W. & Lebow, J. L. (2010). Problemzentrierte metarahmen: eine empiriebasierte perspektive für die familien-, paar- und einzeltherapie. *Psychotherapie im Dialog*. Nr.1, März 2010, 11. Jahrgang. pp. 34-41.

Stroud, C. D., Durbin, C. E., Saigal, S. D. & Knobloch-Fedders, L. M. (2010). Normal and abnormal personality traits are associated with marital satisfaction for both men and women: An actor-partner interdependence model analysis. *Journal of Research in Personality*, 44, 466-477.

Zinbarg, R., Mashal, N., Black, D. & Fluckiger, C. (2010). The future and promise of cognitive behavior therapy: A commentary. *Psychiatric Clinics of North America*, 33, 711-727.

Zinbarg, R., Suzuki, S., Uliaszek, A. & Lewis, A. (2010). Biased parameter estimates and inflated type I error rates in analysis of covariance (and analysis of partial variance) arising from unreliability: Alternatives and remedial strategies. *Journal of Abnormal Psychology*, 119, 307-319.

## SELECTED MEDIA MENTIONS

**CBS-2 Chicago** Richardson, R. "The Impact of the Recession on Families." November 2009.

**Chicago Parent** Cooper, A. "When to Indulge the Kids." December 2009.

**Chicago Tribune** Gordon, L. "Dealing with a Divorce that's Not Your Own." July 2010.

**Crain's Chicago Business** Klow, D. "Friends with Colleagues Only: Teachers, cops and others find only their peer group 'gets it.'" May 2010.

**Keep Hope Alive with Jesse Jackson Show** Richardson, R. "PTSD." November 2009.

**Make It Better Magazine** Cirio, S. "Adventures in Marriage." March 2010.

Risch, S. "Time to Talk to Your Teen About Sex?" April 2010.

Rubinowitz, L. "Left Behind: Surviving the Suicide of a Loved One." January 2010.

**WGN-AM/Greg Jarrett Program** Richardson, R. "Common Reasons a Marriage Falls Victim to an Affair." December 2009.

**WVON - Santita Jackson Show** McCord, D. "Violence in the African-American Community." September 2009.

Solomon, A. "Teen Sexuality." December 2009.

\* For a complete list of presentations, publications and media mentions conducted during FY10, please contact Cyndi Schu, Director of Public Affairs at 312-609-5300, ext 483.



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ABPP	Diplomate, American Board of Professional Psychology	LCSW	Licensed Clinical Social Worker
ACSW	Academy Certified Social Workers	LMFT	Licensed Marriage and Family Therapist
ATR-BC	Art Therapy Registration, Board Certified	MCEd	Master in Christian Education
BCD	Board Certified Diplomate	MLIS	Master of Library and Information Science
CADC	Certified Alcohol and Drug Counselor	MM	Master of Management
CSADC	Certified Supervisor Alcohol and Other Drug Abuse Counselor	MSEd	Master of Science in Education
EdM	Master of Education	MSSA	Master of Science in Social Administration
JD	Juris Doctor	MSW	Master of Social Work
LPC	Licensed Professional Counselor	MSMFT	Master of Science in Marriage and Family Therapy
LCPC	Licensed Clinical Professional Counselor	PsyD	Doctoral degree in Psychology

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