



The Family Institute of Chicago is established at the Oak Park home of Dr. Charles Kramer

**1968**

The Family & Child Clinic started with seven student therapists treating 60 families in the first year

**1979**



The Family Institute formally affiliated with Northwestern University

**1990**

Master of Arts in Counseling Psychology program integrated into educational offerings

**2002**



Counseling program expanded to a new online platform Counseling@Northwestern

**2015**

The Family Institute at Northwestern University celebrates 50 years of partnering to see change

**2019**

Launched teletherapy within the clinical practice

**2018**

**2,000** therapy sessions annually



**80,000** therapy sessions annually

The Family Institute of Chicago is officially incorporated as a not-for-profit organization

**1969**

Four students matriculated into new Master of Science in Marital & Family Therapy program

**1991**

Following a \$4.7 million capital campaign, The Family Institute opened its new headquarters, the Bette D. Harris Center on Northwestern University's campus in Evanston

**1994**



The Center for Family Studies is formed when The Family Institute merged with Northwestern Memorial Hospital's Institute of Psychiatry

**1975**

The affiliation with Northwestern University is strengthened with the formation of a new umbrella for academic and research collaboration

**2000**

**Northwestern**

The Center for Applied Psychological and Family Studies

THE FAMILY INSTITUTE

at Northwestern University



OF PARTNERING TO SEE CHANGE

# THE FAMILY INSTITUTE

at Northwestern University

**50**  
YEARS  
OF PARTNERING TO  
SEE CHANGE

## 50 years ago,

at his Oak Park home, Charles H. Kramer, M.D. brought together a group of psychiatrists, therapists and social workers for a monthly study group about the growing field of family therapy. Demand of this group for training and consultation grew rapidly and as a result The Family Institute was born.



Over the last half century, The Family Institute has grown into a **nationally and internationally recognized incubator for systemic thinking** as a key component of any therapy.

Thousands of publications from The Family Institute over the last five decades have propelled the theory and practice of how **relationships dramatically impact a person's wellbeing**.

We have strengthened and healed families, couples and individuals from all walks of life through a **high-quality system of care** that gets results.



In 50 years, The Family Institute has grown from 2,000 therapy sessions in year one to **more than 80,000 sessions of care annually**. We have gone from sharing what we know with a handful of experimental therapists to **preparing more than 500 graduate level students** at a world-class university for meaningful and impactful careers in behavioral health.

RESEARCHERS | EDUCATORS | THERAPISTS | YOU

PARTNER TO SEE CHANGE