

at Northwestern University



OF PARTNERING TO SEE CHANGE

Researchers. Educators. Therapists. You.

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Northwestern

The Center for Applied Psychological and Family Studies



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We bring together the right partners to support the behavioral health of children, adults, couples and families across the lifespan.

RESEARCH

As behavioral health scientists, we create new knowledge and use the latest evidence-based findings so clinicians provide state-of-the art therapy.

Our therapists, faculty and students work together to add to the field of research that moves behavorial health forward; this benefits not only our clients, but the field as a whole.

EDUCATION

We are preparing the next generation of leaders in behavioral health as a premiere provider of two Master-level programs: Marriage & Family Therapy and Counseling.

All teaching faculty are dedicated to ensuring students receive the most hands-on experiential training possible.

THERAPY

For 50 years, we have helped thousands of children, couples, families and individuals from all walks of life strengthen and heal. Our model weaves together 175 therapists and therapists-in-training to create a high-quality system of care — one that gets results.

When you work with one of us, you work with all of us. We take a collaborative approach to therapy, sharing our knowledge and our skills with our colleagues to ensure the best possible outcomes.

Read articles & tips featuring psychoeducational content written by our expert clinicians family-institute.org/sharing-our-expertise

Learn about our current opportunities family-institute.org/careers